

## LIGHT BREAKFAST

served until 12 noon (12.30pm sundays)

### ON TOAST

served until 12 noon (12.30pm sundays)

#### smashed avocado

smashed avocado on sourdough, served with crumbled feta, chilli flakes and two hash browns

#### beans with chorizo and feta

heinz baked beans with spicy chorizo and creamy feta served on your choice of toast

#### cheese and tomato

grilled cheddar cheese and buffalo tomatoes served on your choice of toast with two hash browns

#### eggs and tomato

poached, fried or scrambled eggs and grilled buffalo tomatoes served on your choice of toast with two hash browns

#### eggs and mushroom

poached, fried or scrambled eggs and grilled portobello mushrooms served on your choice of toast with two hash browns

### WINTER SPECIAL

#### porridge and fruit

creamy porridge served with greek yogurt, honey and a mix of fresh berries

### SANDWICHES

served until 12 noon (12.30pm sundays)

#### sausage, egg and hash brown

smithfield cumberland sausage and fried egg, served in a muffin, ciabatta, white or granary bread

#### bacon and egg and hash brown

smoked dutch back bacon and fried egg, served in a muffin, ciabatta, white or granary bread

(additional fillings are available 1.50 each)

### WEEKDAY SPECIAL

#### SANDWICH AND A HOT DRINK

served monday - friday 9am - 12 noon

CHOOSE EITHER OF THESE SANDWICHES AND A TEA OR COFFEE

#### sausage sandwich

smithfield cumberland sausage served in a muffin, ciabatta, white or granary bread with your choice of sauce

#### bacon sandwich

smoked dutch back bacon served in a muffin, ciabatta, white or granary bread with your choice of sauce

all 9.95

8.95

all 7.95

6.95

## BREAKFAST

served until 12 noon (12.30pm sundays)

#### large full english breakfast

two smithfield market cumberland sausages, two rashers of smoked dutch bacon, fried egg, grilled tomatoes, heinz beans, two hash browns and your choice of toast

14.95

#### small full english breakfast

one smithfield market cumberland sausage, one rasher of smoked dutch bacon, fried egg, heinz beans, grilled tomatoes, two hash browns and your choice of toast

12.95

#### vegetarian breakfast (v)

two vegetarian sausages, fried egg, two hash browns or, grilled tomatoes, heinz beans, portobello mushrooms and your choice of toast

14.95

#### small vegetarian breakfast (v)

one vegetable sausage, fried egg, one hash brown, grilled portobello mushrooms, heinz beans or grilled tomatoes, and your choice of toast

12.95

#### vegan breakfast (ve)

two vegetarian sausages, two hash browns, smashed avocado, grilled tomatoes, heinz beans, portobello mushrooms and your choice of toast (dairy free butter)

14.95

#### steak breakfast

8oz scottish steak, fried egg, portobello mushrooms, grilled tomatoes or heinz beans, two hash browns or homemade bubble and squeak and your choice of toast

16.95

#### estuary breakfast tower

two poached eggs stacked on sourdough toast with smashed avocado, smoked salmon and wilted spinach

15.95

#### estuary mediterranean tower

two poached eggs stacked on sourdough toast with nduja (spicy pork sausage), grilled halloumi and portobello mushrooms

14.95

#### estuary veggie tower (v)

two poached eggs stacked on on sourdough toast with homemade bubble and squeak, wilted spinach and portobello mushrooms

13.95

#### eggs benedict

poached eggs on a lightly toasted muffin with hollandaise sauce

- with crispy pancetta

13.95

- with sauteed spinach and avocado (v)

13.95

- with scottish smoked salmon

15.95

#### poached eggs (v)

served on sourdough toast with smashed avocado

12.95

-with two rashers of crispy dutch bacon

13.95

-with spicy chorizo and chilli

13.95

#### scrambled eggs

served on two pieces of sourdough toast

- with two rashers of crispy dutch bacon

13.95

- with scottish smoked salmon

15.95

#### omelette

a three egg omelette with your choice of three of any of the following fillings: (served with two hash browns)

14.95

bacon, sausage, ham, pancetta, chorizo, cheddar, feta, tomato, mushroom, spinach, pepper, onion, sliced roast potato, avocado or rocket (additional fillings are available 1.50 each)

#### shakshuka (v)

roasted tomatoes, onions and peppers mixed with paprika and topped with baked egg and feta, served with crusty bread

12.95

- add halloumi 1.50

- add chorizo 1.50

#### breakfast wrap

smithfield market cumberland sausage, dutch bacon, fried egg and hash brown in a toasted tortilla wrap with your choice of ketchup or brown sauce

12.95

#### acai bowl (ve)

frozen acai puree mixed with coconut milk and served with granola, fresh fruit and desiccated coconut

12.95

#### scotch pancakes

served with your choice of  
- fruit (v) and maple syrup  
- bacon, scrambled eggs and maple syrup

11.95

### EXTRAS

extras can only be added to our pre-existing selection of breakfasts. they are not able to be substituted

your choice of egg, your choice of toast, spinach, beans, tomato

1.50

smithfield cumberland sausage, smoked dutch bacon, hash browns, black pudding, portobello mushrooms

2.50

halloumi, avocado

3.50

smoked salmon

4.50

MANY OF OUR BREAKFASTS ARE AVAILABLE FOR TAKE AWAY MONDAY - FRIDAY. PLEASE ASK YOUR SERVER FOR MORE INFORMATION