LIGHT BREAKFAST

served until 12 noon (12.30pm sundays)

ON TOAST

all 9.95

served until 12 noon (12.30pm sundays)

smashed avocado

smashed avocado on sourdough, served with crumbled feta, chilli flakes and two hash browns

beans with chorizo and feta

heinz baked beans with spicy chorizo and creamy feta served on your choice of

cheese and tomato

grilled cheddar cheese and buffalo tomatoes served on your choice of toast with two hash browns

eggs and tomato

poached, fried or scrambled eggs and grilled buffalo tomatoes served on your choice of toast with two hash browns

eggs and mushroom

poached, fried or scrambled eggs and grilled portobello mushrooms served on your choice of toast with two hash browns

BREAKFAST BAGELS

served until 12 noon (12.30pm sundays)

estuary bagel

11.95

smoked dutch bacon, sliced avocado, a fried egg, cheddar cheese and your choice of sauce

ultimate bagel

12.95

smithfield market cumberland sausage, smoked dutch bacon, fried egg and a hash brown and your choice of sauce

vegetarian bagel (v)

11.95

grilled cypriot halloumi, a fried egg, sliced avocado and portobello mushroom topped with chilli jam

scottish smoked salmon bagel

13.95

topped with cream cheese

smoked dutch bacon bagel

9.95

two rashers of smoked dutch bacon and your choice of sauce

smithfield market cumberland sausage bagel

9.95

two smithfield cumberland sausages and your choice of sauce

biscoff and banana bagel (v)

8.95

biscoff spread topped with slices of banana

BREAKFAST

served until 12 noon (12.30pm sundays)

large full english breakfast

14.95

two smithfield market cumberland sausages, two rashers of smoked dutch bacon, fried egg, grilled tomatoes, heinz beans, two hash browns or homemade bubble and squeak and your choice of toast

small full english breakfast

12.95

one smithfield market cumberland sausage, one rasher of smoked dutch bacon, fried egg, heinz beans or grilled tomatoes, one hash brown and your choice of toast

vegetarian breakfast (v)

14.95

two vegetable sausages, fried egg, two hash browns or homemade bubble and squeak, grilled tomatoes, heinz beans, portobello mushrooms and your choice of toast

small vegetarian breakfast (v)

12.95

one vegetable sausage, fried egg, grilled portobello mushrooms, heinz beans or grilled tomatoes, one hash brown and your choice of toast

vegan breakfast (ve)

14.95

two vegetable sausages, smashed avocado, grilled tomatoes, heinz beans, portobello mushrooms, two hash browns or homemade bubble and squeak and your choice of toast (dairy free butter)

steak breakfast

18.95

8oz rump steak, fried egg, portobello mushrooms, grilled tomatoes or heinz beans, two hash browns or homemade bubble and squeak and your choice of toast

scallop breakfast

16.95

panfried queen scallops, two poached eggs and pancetta on your choice of toast

estuary breakfast tower

16.95

two poached eggs stacked on sourdough toast with smashed avocado, smoked salmon and wilted spinach

estuary mediterranean tower

15.95

two poached eggs stacked on sourdough toast with nduja (spicy pork sausage), grilled halloumi and portobello mushrooms

estuary vegetarian tower (v)

14.95

two poached eggs stacked on on sourdough toast with homemade bubble and squeak, wilted spinach and portobello mushrooms

eggs benedict

poached eggs on a lightly toasted muffin with hollandaise sauce

- with crispy pancetta	13.95
- with sauteed spinach and avocado (v)	13.95
- with scottish smoked salmon	15.95
- with queen scallops and crispy pancetta	16.95

poached eggs (v)	12.9
served on sourdough toast with smashed avocado	

-with two rashers of crispy dutch bacon	14.95
-with spicy chorizo and chilli	14.95

scrambled eggs

served on two pieces of sourdough toast

- with two rashers of crispy dutch bacon	13.9
- with scottish smoked salmon	15.95

14.95 omelette

a three egg omelette with your choice of three of any of the following fillings: (served with two hash browns)

bacon, sausage, ham, pancetta, chorizo, cheddar, feta, tomato, mushroom, spinach, pepper, onion, sliced roast potato, avocado or rocket (additional fillings are available 1.50 each)

shakshuka (v)

13.95

roasted tomatoes, onions and peppers mixed with paprika and topped with baked egg and feta, served with crusty bread

- add halloumi 1.50

- add chorizo 1.50

acai bowl (ve)

13.95

frozen acai puree blended with cocunut milk and topped with granola, mango, banana, berries and dessicated coconut

breakfast wrap

12.95

smithfield market cumberland sausage, dutch bacon, fried egg and hash brown in a toasted tortilla wrap with your choice of sauce

scotch pancakes

12.95

served with your choice of

- fruit (v) and maple syrup

- bacon, scrambled eggs and maple syrup

EXTRAS

extras can only be added to our pre-existing selection of breakfasts. they are not able to be substituted

your choice of egg, your choice of toast, spinach, beans, tomato

2.50

1.50

smithfield cumberland sausage, smoked dutch bacon, hash browns, bubble and squeak, portobello mushrooms

halloumi, avocado 3.50

4.50 smoked salmon

MANY OF OUR BREAKFASTS ARE AVAILABLE FOR TAKE AWAY MONDAY - FRIDAY. PLEASE ASK YOUR SERVER FOR MORE **INFORMATION**