



STARTERS

white bait served with homemade tartare sauce	6.95	oven-baked breaded goats cheese (v) served with beetroot and caramelised onion chutney	6.95
smoked haddock and spring onion fishcake served with salad garnish and sweet chilli sauce	6.95	crispy duck pancakes pancakes served with cucumber, spring onion and hoi sin sauce	6.95
crispy squid fresh squid in a seasoned coating, served with a sweet chilli dip	6.95	vegan goujons (ve) southern fried seitan. served with bbq sauce. wheat gluten based meat substitute	6.95
5 pan fried tiger prawns served with toasted rustic bread and cooked with a choice of the following: chilli and garlic sauce, garlic, chorizo	9.95	cheese nachos (v) served with guacamole, sour cream and salsa	6.95
southern fried chicken goujons estuary recipe buttermilk chicken, served with a bbq sauce	6.95	bowl of large gordal olives (v)	5.95

LUXURY SALADS

a large mixed leaf salad with tomatoes, cucumber, peppers, red onion with creamy homemade coleslaw, hot herby diced potatoes and house dressing

any of our main meals can be served as a luxury salad

tiger prawns pan-fried with sweet chilli sauce, garlic and chilli or chorizo	£16.95
smoked haddock and spring onion fishcakes with sweet chilli sauce	14.95
chargrilled cajun chicken, bacon and avocado	15.95
crispy duck oriental-style crispy duck served with hoisin sauce	15.95
oven-baked breaded goats cheese (v) with beetroot and caramelised onion chutney	14.95
chargrilled halloumi and avocado (v) with marinated olives	14.95

WINE LIST

ask to see our wine list

SEAFOOD

skate and chips beer-battered fresh wing of skate served with chips, mushy peas and homemade tartare sauce	17.95
add a pickled gherkin or pickled onion for an extra	75p
cod and chips beer-battered fresh cod served with chips, mushy peas or garden peas and homemade tartare sauce	13.95
add a pickled gherkin or pickled onion for an extra	75p
whole tail scampi breaded and served with chips, curly fries or sweet potato fries, salad and homemade tartar sauce	14.95
1kg pot of fresh mussels - when in season served with a bowl of chips, curly fries or sweet potato fries with choice of the following freshly made sauces:	15.95
– mariniere sauce with cream white wine and onions	
– provençal sauce with tomatoes, chilli and garlic	
smoked haddock and spring onion fishcakes served with chips, curly fries or sweet potato fries, salad and sweet chilli sauce	14.95
9 pan fried tiger prawns cooked with a choice of the following: chilli and garlic sauce, garlic or chorizo served with chips, curly fries or sweet potato fries and salad	16.95
seafood paella classic rice dish with chicken, chorizo, fresh mussels, tiger prawns and squid	16.95
seafood linguine fresh tiger prawns, mussels and squid with a linguine pasta tossed in chilli, garlic and white wine	17.95

SIDES

each 4.50

- large bowl of chips
- curly fries
- sweet potato fries
- spicy vegetable rice

FISH YOUR WAY

option 1 – choose your fish	
– grilled cod	13.95
– grilled skate	17.95
– pan fried seabass	15.95
– pan fried salmon	15.95
– griddled tuna – served pink	15.95
option 2 – choose your homemade sauce herb and lemon butter, caper and tomato, tomato salsa or tartare sauce	
option 3 – choose your potato chips, curly fries, sweet potato fries, or new potatoes	
option 4 – choose your veg side salad, garden peas or mushy peas	

CHARGRILLED SKEWERS

deliciously marinated and fresh off the chargrill served with chips, curly fries, sweet potato fries or spicy vegetable rice and salad	16.95
choose one of the following:	
chicken – in a cajun marinade	
steak – plain and simple in olive oil	
prawn – in sweet chilli and garlic	
tuna – classic tuna steak	
halloumi – traditional cypriot cheese (v)	
extra skewer – for the extra hungry	4.00

SIZZLING FAJITAS

your choice of filling with a fajita spice rub served with guacamole, spicy salsa, sour cream, cheddar cheese and tortilla wraps	
chicken – in a cajun marinade	15.95
duck – in a chinese spice mix	15.95
steak – scottish 21 day aged 8oz ribeye	17.95
prawn – pan fried tiger prawns	16.95
halloumi – traditional cypriot cheese (v)	14.95

MEATS

8oz rib-eye steak scottish 21 day aged a tender and flavourful steak cooked to your liking with a choice of peppercorn sauce or garlic butter. served with chips, curly fries, sweet potato fries or spicy vegetable rice and salad	19.95
surf and turf 8oz rib-eye steak and chargrilled tiger prawns with a choice of peppercorn sauce or garlic butter. served with chips, curly fries, sweet potato fries or spicy vegetable rice and salad	22.95
ham, eggs and chips hand carved wiltshire dry cured ham. served with two fried eggs and chips	14.95
bbq chicken chargrilled chicken breast in a smoky bbq sauce topped with bacon and cheddar. served with chips, curly fries, sweet potato fries or spicy vegetable rice and salad	15.95
babyback ribs full rack, chargrilled in a classic bbq sauce, served with chips, curly fries, sweet potato fries or spicy vegetable rice and salad	15.95
babyback ribs and chicken breast half rack of ribs in a classic bbq sauce and cajun chicken char-grilled and served with chips, curly fries, sweet potato fries or spicy vegetable rice and salad	15.95

BURGERS

estuary build your own burger all our burgers are served in a pretzel bun with salad accompaniments, garnish and homemade coleslaw	13.95
option 1 – choose your patty	
– estuary recipe beef burger	
– buttermilk chicken	
– cajun chicken	
– seitan burger (ve)	
option 2 – choose your extras per item 95p	
cheddar cheese, smoked cheddar, blue cheese, halloumi, avocado, bacon, onion rings, jalapenos, egg, hash brown, gherkins	
option 3 – choose your sauce bbq, mayo, tomato salsa, guacamole, sour cream	
option 4 – choose your fries chips, sweet potato fries or curly fries	
extra patty – for the extra hungry	3.00

TAKE OUT

Selected items are also available for take out too. Please ask a member of staff for today's take out items.

made fresh 2 order

SANDWICHES & WRAPS

served 12-5 monday-friday.

not available on saturday and sunday

choose from crusty white or granary bread, sourdough, ciabatta or wrap

all served with a house dressed salad and homemade coleslaw

fish goujon 9.95

premium fish goujons, lettuce and homemade tartare sauce

southern fried chicken 9.95

estuary recipe buttermilk chicken, with lettuce, tomato and onion and bbq sauce

estuary club 9.95

triple decker sandwich, grilled cajun chicken, crispy bacon, tomato, lettuce and mayo – served as a sandwich only

duck wrap 9.95

chinese spiced duck, spring onions, cucumber and hoi sin – served as a wrap only

steak & onion 9.95

chargrilled 8oz rump steak with fried onions

blt 9.95

grilled dutch bacon with lettuce and tomatoes

hlt (v) 9.95

grilled halloumi cheese with lettuce and tomatoes

feeling hungry - add some fries 3.00

why not add a bowl of chips, sweet potato fries or curly fries

ALL DAY served until 5 pm

all-day breakfast 10.95

two smithfield market cumberland sausages, smoked dutch bacon, fried egg, grilled tomatoes, heinz beans two hash browns or homemade bubble and squeak and your choice of toast

vegetarian breakfast 10.95

two vegetarian sausages, fried egg, homemade bubble and squeak or two hash browns, grilled tomato, heinz beans, pan-fried mushrooms and your choice of toast

BREAKFAST served till 12 monday-friday, 12.30 saturday and sunday

full english 9.95

two rashers of dutch bacon, two smithfield market cumberland sausages, egg of choice, cherry tomatoes or heinz beans and toast or fried slice

large full english 10.95

two rashers of dutch bacon, two smithfield market cumberland sausages, egg of choice, two hash browns or bubble and squeak, cherry tomatoes, heinz beans and toast or fried slice

vegetarian (v) 10.95

two vegetarian sausages, egg of choice, hash browns or bubble and squeak, cherry tomatoes, heinz beans, mushrooms and toast or fried slice

vegan breakfast (ve) 10.95

two vegetarian sausages, avocado, hash browns, cherry tomatoes, pan fried mushrooms, heinz beans, and toast or fried slice

steak breakfast 12.95

8oz rump steak, egg of choice, hash browns or bubble and squeak, pan fried mushrooms, cherry tomatoes or heinz beans and toast or fried slice

luxury steak breakfast 16.95

8oz ribeye steak, egg of choice, hash browns or bubble and squeak, pan fried mushrooms, cherry tomatoes or heinz beans and toast or fried slice

crushed avocado on sourdough toast (v) 9.95

crushed avocado on toast with poached eggs & grilled tomatoes

fresh fillet of smoked haddock 10.95

poached and served with two poached eggs and fresh crusty granary bread

ham, egg and bubble & squeak 10.95

fresh hand cut ham, with bubble and squeak and your choice of egg

scrambled eggs with scottish smoked salmon 10.95

on two fresh granary crusty toast

french toast 9.95

eggy bread, pan fried and served with two rashers of dutch bacon and grilled cherry tomatoes

eggs benedict 9.95

poached eggs and hand cut ham, on a lightly toasted muffin, with a creamy hollandaise sauce

eggs royale 10.95

poached eggs and smoked salmon on a lightly toasted muffin, with a creamy hollandaise sauce

BREAKFAST EXTRAS can be added to breakfasts, but not substituted

toast, fried slice or bread & butter 95p **heinz baked beans** 1.50

fried or poached egg 1.50 **bubble and squeak** 2.50

scrambled eggs 2.50 **two hash browns** 2.50

pork or vegetarian sausage 1.50 **pan fried mushrooms** 2.50

dutch bacon 1.50 **two slices of black pudding** 2.50

cherry tomatoes 1.50 **½ avocado** 2.25

LIGHT SNACKS served till 12 monday-friday, 12.30 saturday and sunday

choice of eggs on toast (v) 5.95

eggs on two crusty toast choice of fried, scrambled or poached

bacon sandwich 4.95

sausage and fried onion bap 4.95

heinz baked beans or cheese on two crusty toast (v) 5.95

simply toast 2.50

two slices of crusty toast with your choice of jam, marmalade, marmite or nutella (v)

GRAPES WHEN YOU WAKE

enjoy a prosecco breakfast extra 5.00
add a 20cl bottle of prosecco to your breakfast

KIDS MENU

chicken goujons, chips and peas or beans 6.95 **ham, egg and chips** 6.95

scampi, chips and peas or beans 6.95 **two sausages, chips and peas or beans** 6.95

fish goujons, chips and peas or beans 6.95 **vegan goujons, chips and peas or beans (v)** 6.95

COLD DRINKS

coke - 330ml glass bottle 3.50

diet coke - 330ml glass bottle 3.25

lemonade 2.75

orange, apple or cranberry juice 2.75

freshly squeezed orange juice 3.50

florida orange 3.50

orange and lemonade 2.95

ribena, orange or lime cordial 1.75

fever tree soda water/tonic water/slimline tonic 2.50

fever tree soda and lime 2.75

still or sparkling water - 500ml glass bottle 3.95

LUXURY MILKSHAKES

made with rossi ice-cream and fresh cream 4.50

choose from: strawberry, raspberry, banana, chocolate, vanilla, salted caramel, hazelnut, coconut, bubble gum, white chocolate, black forest, butterscotch

HOT DRINKS

espresso 1.95

cappuccino 2.75

café latte 2.95

mocha 3.40

americano 2.70

flat white 2.75

luxury hot chocolate 3.35

fresh filter coffee 1.95

tea 1.95

herbal teas 2.50

coffee liqueurs 6.50

café parisien (martell), russian coffee (vodka), calypso coffee (tia maria) caribbean (rum, irish cream coffee (baileys), irish coffee (whiskey)

DRINKS

peroni nastro azzuro 3.95

guinness (pint surger) 4.25

sol 3.95

doom bar 4.95

old mout cider 4.95

berries and cherries or kiwi and lime

magners apple cider 4.50

spirits 25ml 3.50

smirnoff vodka, bombay sapphire, gordon's pink gin, jack daniels, bacardi, courvoisier, jameson, captain morgan, bells, tia maria, baileys, pimm's

spirit mixers 1.50

lemonade, coke, diet coke, fever tree tonic water

fever tree slim line tonic, fever tree soda and lime

glass of pimm's no 1 - 50ml & lemonade 5.95

jug of pimm's 14.95

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